



VI Peel Pre-Care

- No retinol for three days prior to treatment.
- Avoid sun exposure - no tanned skin.
- If you have an allergy to aspirin or phenol, are pregnant or breastfeeding, you CANNOT get this procedure done.
- Do not exercise vigorously for the next 3-4 days after treatment. Avoid excessive perspiration as sweating may induce water blisters and excessive internal warming.
- Plan to have the peel remain on your face for four hours post treatment.
- If you are prone to cold sores, please let us know prior to treatment.



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