



Sculptra[®] Pre-Care

- If you have a special event or vacation coming up, please keep in mind that you should schedule your treatment at least 2 weeks in advance.
- Do not schedule any of the following for 4 weeks before or after Sculptra:
 - Dental cleaning or dental work (crowns, root canals, etc.)
 - Surgery of any kind
 - Internal device placement
 - Tattoos or permanent makeup
 - Any vaccines
 - Please wait 3 months before or after dermal filler
- If you develop any sort of illness, cold sore, blemish or rash, etc. in the area to be treated prior to your appointment, please wait 3-4 weeks to reschedule.
- Sculptra is not generally recommended if you have a history of surgical face lifts/implants in the past. We do not treat patients who have had Bellafill in the past.
- Do not receive Sculptra if you are pregnant or breastfeeding.
- It is recommended to discontinue aspirin, ibuprofen (Motrin, Advil), naproxen (Aleve), platelet inhibitors, anticoagulants, fish oil, vitamin E, vitamin A, ginkgo biloba, ginseng, garlic, kava kava, celery root and any other herbal or homeopathic remedies that may contribute to bleeding risk at least 1 week prior to Sculptra injections. Please consult with your primary care provider prior to discontinuing any of these medications.
- If you have a history of a neuromuscular or immunosuppressive disorder, please get a signed note from your treating provider authorizing the use of Sculptra.
- Avoid alcohol, niacin supplements and cigarettes 24-48 hours before and after your treatment, as these may contribute to increased swelling, bruising, and irritation. Limit caffeine intake.
- If you have a history of cold sores, we recommend you are pretreated with valacyclovir prior to your injections. Please let us know if you need a prescription called into your pharmacy.
- We recommend discontinuing products containing retinols (Retin-A) 3 days prior to treatments to avoid increased redness and irritation.
- We recommend waiting at least 2 weeks before and after your Sculptra to have any other cosmetic facial treatments, including laser, ultrasound, peel, facials, micro needling, microdermabrasion, etc.
- Please come to your Sculptra appointment with NO makeup if possible.