



Neuromodulator Post-Care

- Avoid the following for the next 4 hours after your injections:
 - straining
 - heavy lifting
 - vigorous exercise
 - massaging the area
 - laying down.
- Toxin takes approximately 2 hours to bind itself to the nerve to start working, and because we do not want to increase circulation to that area to spread the Botox / Dysport / neurotoxin from where it was injected, this waiting period continues to be recommended.
- Making facial expressions (raising eyebrows, scowling, squinting) is recommended for 1 hour following treatment to stimulate the binding of the toxin only to the muscle.
- NO facials, peels, microdermabrasion, microneedling, etc. for 1 week after treatment. These procedures can be done *before* neurotoxin injection, but not immediately after.
- Wearing makeup is not recommended for the next 24 hours.
- You may follow your normal skincare routine tonight using gentle cleansers and light washing.
- Neurotoxins can take 2-14 days to see full effects, and can last 2-5 months, depending on each unique person.
- We recommend all initial consult patients make a 2-week follow up appointment for any enhancements.

For questions during our business hours of 8 am - 5 pm, please call:

Medical Assistant: 406.587.4432 ext. 5