



Kybella Post-Care

- No heavy lifting or vigorous exercise for 24 hours following treatment.
- Avoid manipulation/massage of the area following treatment. This includes NOT doing facials, peels, microdermabrasion, microneedling, etc. for 14 days after treatment.
- Wearing makeup is not recommended for the next 24 hours.
- You may follow your normal skincare routine tonight using gentle cleansers and light washing.
- Common side effects after Kybella include burning sensation following injections, significant swelling, bruising, numbness, and discomfort in the treatment area. Swelling may last 1-2 weeks after injections. Numbness may also last weeks after injections. Please notify us if you develop trouble swallowing.
- Please schedule your next Kybella treatment in 6 weeks.

For questions during our business hours of 8 am - 5 pm,
please call: (406) 587-4432 ext. 5



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