



## Dermal Filler / Radiesse® / Skinvive™ Post-Care

- No straining, heavy lifting, or vigorous exercise, excessive sun or heat exposure, exposure to extreme cold, or drinking alcoholic beverages for 24 hours following treatment.
- Avoid manipulation/massage of the area following treatment. This includes NOT doing facials, peels, microdermabrasion, microneedling, etc. for 14 days after treatment.
- Cold packs may be applied to areas of swelling after injections.
- Wearing makeup is not recommended for the next 24 hours.
- Please stay hydrated for the next 48 hours.
- No using straws or heavy kissing for the next 2 weeks if lip/perioral area was treated.
- Do not massage filler / Radiesse® / Skinvive™.
- Do not put anything occlusive on treated areas or touch your face for 24 hours.
- You may follow your normal skincare routine tonight using gentle cleansers and light washing.
- Try to sleep on your back for 24-48 hours to avoid risking any possible manipulation of the filler.
- Avoid dental work, vaccines, surgeries, tattoos, or permanent makeup for 3 weeks after your filler / Radiesse® / Skinvive™ appointment.
- Please stay near town for the next 48 hours.
- Common side effects after dermal filler include swelling, bruising, tenderness, lumps, redness, and itching at the injection sites. Ice/cold packs can help improve these. **Please notify us immediately for any intense areas of pain or significant bruising.**

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For questions during our business hours of 8 am - 5 pm, please call:

**Medical Assistant:** 406.587.4432 ext. 5

For **emergencies only** on weekends or after-hours, please contact your provider:

**Molly Buckland:** (406) 551-6682

**Tara Oetken:** (406) 551-6255

**Addison Collins:** (406) 630-4430

**Kelly Coyle:** (406) 206-6978

**Bobbi Neuman:** (406) 587-0503