



Botox® / Dysport® Pre-Care

- If you have a special event or vacation coming up, please keep in mind that you should schedule your treatment at least 2 weeks in advance.
- Do not receive neurotoxin injections if you are pregnant or breastfeeding.
- It is recommended to discontinue aspirin, ibuprofen (Motrin, Advil), naproxen (Aleve), platelet inhibitors, anticoagulants, any form of fish oil, vitamin E, vitamin A, ginkgo biloba, ginseng, garlic, kava kava, celery root and any other herbal or homeopathic remedies that may contribute to bleeding risk at least 1 week prior to neurotoxin injections. Please consult with your primary care provider prior to discontinuing any of these medications.
- If you have a history of a neuromuscular or immunosuppressive disorder, please get a signed note from your treating provider authorizing the use of neurotoxins.
- Avoid alcohol and cigarettes 24-48 hours before and after your treatment, as these may contribute to increased swelling, bruising, and irritation. Limit caffeine intake.
- If you develop a cold/flu, cold sore, blemish, or rash, etc. in the area to be treated prior to your appointment, we recommend you reschedule your appointment until it resolves.
- We recommend discontinuing products containing retinols (Retin-A) 3 days prior to treatments to avoid increased redness and irritation.
- We recommend waiting at least 2 weeks before and after your Botox/Dysport/neurotoxin injections to have any other cosmetic facial treatments, including laser, ultrasound, peel, facials, micro needling, microdermabrasion, etc.