



BBL[®] Forever Clear Laser Post-Care

Patient response can vary after a BBL Acne treatment. Erythema (redness) is usually noted within a few minutes after the completion of the procedure and slight sunburn sensation in and around the area treated is also normal and expected. These reactions tend to subside within 1-4 hours after the treatment.

- Until sensitivity has completely subsided, avoid the following:
 - use of scented lotions or soaps
 - exfoliant creams (Retin-A, glycolic/salicylic and alpha-hydroxy acids)
 - acne creams or gels
 - loofah sponges and aggressive scrubbing
 - hot or cold water - wash with tepid water
 - shaving (you may use a hair trimmer but not a razor)
 - swimming pools and spas with multiple chemicals/chlorine
 - activities that cause excessive perspiration
- A cold compress or an ice pack can be used to provide comfort if the treated area is especially warm. This is rarely needed but if so, usually within the first 4 hours after the treatment.
- Makeup can be applied immediately after treatment as long as skin is intact and there are no signs of blistering.
- Vitamin E or Aloe Vera applied to the treatment area may provide a soothing effect.
- Post treatment discomfort is typically minimal but if the area is very uncomfortable, Tylenol may be used.
- If the skin is broken or a blister appears, apply an antibiotic ointment, and **contact** the office immediately. Keep the affected area moist and avoid direct sunlight.
- Strictly avoid any sun exposure to the treated area for a minimum of 7 – 14 days after the procedure. The treated area is more prone to sunburn and pigmentation change. Keep the area covered and use sunblock with a protection factor of 30+ reapplying the sun block every two hours. Delayed blistering secondary to sun exposure has been noted up to 72 hours post treatment.
- Subsequent treatments are typically every 2 weeks or until acne clears. The number and frequency of treatments required will depend on the severity of your acne and how well it responds to treatment.

- Clinical studies suggest that at least two BBL 420 nm acne treatments are needed to begin to see results and results have been reported to last up to 6 months.
 - We recommend waiting 2 weeks after your procedure to have any further facial cosmetic procedures including Botox, dermal fillers, microneedling, etc.
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CALL THE OFFICE IMMEDIATELY FOR ANY SIGNS OF INFECTION:

- Drainage (pus)
 - increased warmth at or around the treated area
 - fever of 101.5 or greater
 - extreme itching
 - hives
 - other concerns
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For questions during our business hours of 8 am - 5 pm, please call:

Medical Assistant: 406.587.4432 ext. 5
