



BAREit[®] Laser Hair Reduction Pre-Care

- ABSOLUTELY avoid any type of sunburn for 4 weeks prior to laser treatments. You MUST avoid sun exposure for 4 weeks after laser treatments as well.
- Do not use any self-tanning lotions for 4 weeks prior to treatment.

FAILURE TO FOLLOW THE PREVIOUS INSTRUCTIONS MAY RESULT IN A BURN.

- For 4-6 weeks prior to your treatment, DO NOT:
 - wax
 - sugar
 - pluck
 - electrolysis
 - pull hairs out by the root
- You may shave. Please shave 24 hours prior to your hair removal appointment with a sharp razor.
- It is important to note that red, blonde, gray or white hairs will not be removed with this treatment.
- You do NOT need numbing cream.