



BAREit® Laser Hair Reduction Post-Care

Do not use any other hair removal methods or products on the treated area during the course of your laser treatments (tweezing, waxing and depilatories), as it will prevent you from achieving your best results.

In the unusual case of crusting of the skin in the treated area, apply an antibiotic ointment twice a day to the affected areas. Do not pick at these areas, as this may result in infection or scarring.

If the skin is broken or a blister appears, apply an antibiotic ointment, and contact the office immediately. Keep the affected area moist and avoid direct sunlight.

FEELING OF WARMTH

- **What to expect:**
 - A mild sensation similar to sunburn is to be expected. The treated area may be extremely warm for 1-2 hours after the treatment. Warmth may continue for 12-24 hours after the treatment.
- **What to do:**
 - Apply ice that has been wrapped or gel packs to the treatment area for ten and fifteen (10–15) minutes every hour for the following four (4) hours, as required. Never apply ice directly to the skin.
 - Vitamin E or Aloe Vera applied to the treatment area may provide a soothing effect.
 - You may take an oral anti-inflammatory or an analgesic to ease discomfort. Always follow the manufacturer's directions when taking medication.

REDNESS (ERYTHEMA)

- **What to expect:**
 - Redness is normal and typically subsides in two or three days.
- **What to do:**
 - Allow skin to heal and don't put further stress on your skin. Use gentle cleansers and keep skin moisturized and out of the sun. Avoid the following:
 - Swimming, particularly in pools containing chemical products.
 - Jacuzzis and saunas
 - Activities that lead to excessive sweating or any activity that can elevate core body temperature.
 - Exposure to the sun or tanning in the treatment areas. Apply sunscreen with a protection factor of at least SPF 45 to prevent alterations in skin color.
 - Vigorous scrubbing or the use of exfoliants in the treatment areas
 - Applying cosmetics to the treatment areas

SWELLING (EDEMA)

- **What to expect:**
 - Minor swelling immediately after treatment is normal and typically subsides in two or three days.
- **What to do:**
 - Apply ice that has been wrapped or gel packs to the treatment area for ten and fifteen (10–15) minutes every hour for the following four (4) hours, as required. Never apply ice directly to the skin.

HAIR REGROWTH

- **What to expect:**
 - You may notice what appears to be hair growth for 7–30 days following your treatment. This is not new hair growing, but treated hairs being shed from the skin.
- **What to do:**
 - It's important to understand that your hair grows in phases. Hairs that were in the resting (telogen) phase when the treatment was performed may enter the growth (anagen) phase in one to six (1–6) months, depending on the area of the body they are located in. Discuss with your provider and book your follow-up treatments accordingly.

CALL THE OFFICE IMMEDIATELY FOR ANY SIGNS OF INFECTION:

- drainage (pus)
- increased warmth at or around the treated area
- fever of 101.5 or greater
- extreme itching
- hives
- or other concerns

For questions during our business hours of 8 am - 5 pm, please call:

Medical Assistant: 406.587.4432 ext. 5
